Nguyen, Hung; Peltonen, Joonas; Meschke, M.; Pekola, J. P.

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Cascade Electronic Refrigerator Using Superconducting Tunnel Junctions

H. Q. Nguyen,1,2 J. T. Peltonen,1 M. Meschke,1 and J. P. Pekola1

1Low Temperature Laboratory, Department of Applied Physics, Aalto University School of Science, P.O. Box 13500, 00076 Aalto, Finland
2Nano and Energy Center, Hanoi University of Science, Vietnam National University, 122118 Hanoi, Vietnam

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Microrefrigerators that operate in the subkelvin regime are key devices in quantum technology. A well-studied candidate, an electronic cooler using normal-metal–insulator–superconductor (N-I-S) tunnel junctions, offers substantial performance and power. However, its superconducting electrodes are severely overheated due to exponential suppression of their thermal conductance towards low temperatures, and the cooler performs unsatisfactorily—especially in powerful devices needed for practical applications. We employ a second N-I-S cooling stage to thermalize the hot superconductor at the backside of the main N-I-S cooler. Not only providing a lower bath temperature, the second-stage cooler actively evacuates quasiparticles out of the hot superconductor, especially in the low-temperature limit. We demonstrate the apparent advantage of our approach. This cascade design can also be employed to manage excess heat in other cryoelectronic devices.

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I. INTRODUCTION

Growing out of nanotechnology and low-temperature physics, ultrasensitive microdevices employing quantum physics initiate technologies that were inaccessible previously. For example, bolometers [1,2] in space-borne telescopes [3–5] require a dilution cryostat reaching sub-100-mK temperatures to extend our observation into the deep space, or quantum bits [6–8] enable, in principle, an exponential enhancement of computing power and probably could simulate nature. The main unit of these devices, a superconducting element that takes on quantum physics, requires cryogenic temperatures that are typically provided by a dilution cryostat. This bulky, complicated, and expensive machine inspires a search for alternative approaches.

In the subkelvin regime, there are multiple choices of thermal machines that explore new physics at the microscale. They include quantum dots [9], single ions [10], microelectromechanical systems [11], piezoresistive elements [12], or cold atoms [13]. Although promising, most of these machines are premature or only at the stage of conceptual designs. The most practical one, a cooler using a tunnel junction between a normal metallic and a superconducting electrode, [14–17] offers substantial electronic cooling power. Under a bias near the superconducting energy gap, hot electrons tunnel out of the normal metal into the superconductor. This cools down electrons in the normal metal, but at the same time deposits a considerable amount of heat into the superconducting lead. Suppressing hot quasiparticles is hard, as the superconducting gap hinders them from thermalizing with the phonon bath. This is a serious problem in powerful devices, where a large current constantly generates quasiparticles that overheat the superconductor severely. This heat also flows back to the normal metal as \( P = \beta (IV + \dot{Q}_{N-I-S}) \), where \( IV \) is the total input power, \( \dot{Q}_{N-I-S} \) is the cooling power, and \( \beta \) is a phenomenological coefficient in the range of 1%–5% [18]. To date, the most efficient method is to employ a normal metal as a quasiparticle trap [18–26] and place it as close as possible to the overheated region of the superconductor.

A bipolar device, here a thermal machine with a hot and a cold end, can be operated in a multistage setup. The cold part provides cooling for the hot region from a previous stage in a cascade architecture. This strategy is best seen in the design of common cryostats [27], where the ultimate temperature below 10 mK is reached only by a series combination of several cooling stages beginning from those at 4 K having cooling powers on the order of watts, at least one intermediate stage cooled to about 500 mK by evaporating \(^3\)He with about 100-mW cooling power, until finally the phase separation between liquid \(^3\)He and liquid \(^4\)He decreases the entropy of the system and cools it to temperatures below 10 mK with a few microwatts of cooling power. Such a cascade architecture is widely employed also in various practical systems, such as thermoelectric coolers employing the Peltier effect [28] and outside refrigeration technology in vacuum pumps and air handling units. However, it has not been experimentally realized with solid-state normal-metal–insulator–superconductor (N-I-S) coolers using cascade stages having adapted superconducting gaps in order to enhance the efficiency at differing working temperatures as theoretically described in Ref. [29].
FIG. 1. A two-stage cooler. (a) Working principle: Back sides of the main cooler are connected to two other S-I-N-I-S coolers. These second-stage coolers act as “active quasiparticle traps” and help to thermalize the hot superconductor of the main device. Red arrows represent heat flows out of the central island. (b) Optical image of the actual device and its measurement setup: each of the holes which suspend the Cu island on top of Al electrodes has a diameter of 2 μm. Each of the two main cooler junctions (red dashed boxes) are sized 50 × 4 μm² and are biased with $I_{C}$. The two secondary coolers (A–B and C–D yellow dashed boxes) are located 3 μm away from the main junction and connect with a 50-nm-thick Cu layer (blue boxes). The second-stage coolers are biased with floating currents $I_{trap}$ from battery-powered sources. The pair of small N-I-S junctions is an electron thermometer that probes temperature $T_{N}$ of the normal island. (c) Cross-section illustration of the device showing the quasiparticle drain of the main cooler connects to the cooled normal metal of the active trap. This connection is done by a separated lithography.

In this work, we realize such a concept, as seen in Fig. 1, and prove that the double-stage N-I-S refrigerator performance is significantly improved. Based on an established technique [30], a powerful large-junction S-I-N-I-S cooler (two N-I-S junctions back to back) is fabricated with a well-thermalized superconductor of aluminum boosted by an advanced quasiparticle-trapping strategy. A normal-metal layer is engineered directly underneath the hot superconductor to improve thermalization. Separated by a thin oxide layer, the superconductor is not affected by inverse proximity effect, while quasiparticles dissipate into the normal metal to lose energy with phonons [18,31]. Here, we extend this quasiparticle drain and directly connect it to the second-stage cooler. During operation, the center S-I-N-I-S cooler generates quasiparticles in the two superconducting electrodes. This heat dissipates in the normal-metal drain and is actively evacuated by the active quasiparticle trap.

II. EXPERIMENTAL RESULTS

An actual image of the device together with a sketch of the measurement setup is shown in Fig. 1(b). The fabrication starts with sputtering 100 nm of Cu on a Si wafer and patterned into quasiparticle drains using photolithography and chemical wet etching. The wafer is loaded into the sputter again and 10 nm of Al is deposited, followed by a slight oxidation in a mixture of Ar : O₂ at a ratio of 1 : 10 at the pressure of 2 mbar for 2 min. This thin AlO layer prevents the inverse-proximity effect in the superconductor.

Then, 200 nm of Al is sputtered and oxidized at 7 mbar in pure O₂ for 5 min, followed by a deposition of 60 nm of Cu. The device is patterned by photolithography, which aligns the junction to the drain. This step is crucial, as a small misalignment can short the drain and the top Cu layer along the hole array. The metals are wet etched as in Ref. [30]. A third photolithography and Cu wet etch define the N-I-S junctions with the size of the main cooler of 50 × 4 μm². The active trap with junction area 25 × 20 μm² is 10 μm away from the hole array of the main cooler. In the last photolithography step, a trench in the resist is opened, followed by a deposition of 100-nm Cu and a lift-off so that the new Cu connects the drain of the main cooler to the top normal metal of the active trap.

The sample is measured in a dilution cryostat using standard current-voltage measurements. To ensure no interferences with the operation of the main cooler, the traps are biased by floating current sources using a standard 1.5-V AA battery and a large series resistor. This way, a set of measurements with discrete trap currents is collected by changing the resistor in series. The temperature of the normal metal is monitored with a pair of smaller N-I-S junctions, which are also floating and biased at 7.5 nA. The voltage drops on these N-I-S junctions are calibrated against the cryostat temperature when the traps and the main cooler are off [31].

The thermalization effect from the active trap is immediately demonstrated by the reduced overheating and consequently increased superconducting gap value of the main
cooler at finite values of $I_{\text{trap}}$, as shown by the current-voltage characteristics in Fig. 2. We take the superconducting gap $\Delta$ to be presented by the maximal value of the voltage in the range $I_C < 10 \mu A$. With this practical definition, we obtain 2$\Delta = 408, 425, 428$, and 430 $\mu$eV when the current through the secondary coolers obtains values $I_{\text{trap}} = 0, 5, 15$, and 30 $\mu$A, respectively. At low temperatures, the superconducting gap follows $\Delta(T) = \Delta_0 \approx 1 - \sqrt{2\pi k_B T_s/\Delta_0} e^{-\Delta_0/k_BT_s}$. For $2\Delta_0 = 430$ $\mu$eV, this yields a superconductor temperature $T_s = 700$ mK when the trap is off. As the input current on the main cooler increases, electrons in the superconductor are overheated as the active trap cannot cope with the flux of extra quasiparticles, and the temperature increases so much that the value of the gap decreases. This overheating is seen as backbending of the $I$–$V$ curves, especially for small trap currents around $I_{\text{trap}} = 5$ $\mu$A. The effect of the active trap is summarized in Fig. 2(b): the superconducting gap is maximized at an optimal value of $I_{\text{trap}} \sim 30$ $\mu$A. Above this value, the gap shrinks again due to the overheating of the active trap. Our result demonstrates clearly that the superconductor temperature can be lowered by applying a finite trap current $I_{\text{trap}}$.

Figure 3(a) captures the basic behavior of the device at the bath temperature of 300 mK for three representative trap currents: $I_{\text{trap}} = 0, 5$, and 15 $\mu$A. The temperature of the normal island is lowered from 300 to 275 mK when the...
central cooler is off, $V_C = 0$, by the cooling of the active traps. Because of the cooled superconducting electrodes, the central device now operates at a lower bath temperature. It extends the achievable temperature to 115 mK, whereas it is seen to be 150 mK at $I_{\text{trap}} = 0$. A higher trap current $I_{\text{trap}} = 15 \, \mu\text{A}$ improves the performance further, reaching a base temperature of 100 mK, which is a state-of-the-art figure for such a high-power cooler. Here the active traps evacuate quasiparticles efficiently in the superconducting leads of the main cooler.

At a lower bath temperature of 150 mK, the device behaves differently as shown in Fig. 3(b). At zero bias, the current of the active trap tends to overheat the superconducting leads. Electrons on the central normal island are subsequently heated up to 160 and 180 mK at $I_{\text{trap}} = 5$ and 15 $\mu\text{A}$, respectively, at $V_C = 0$. Nevertheless, at the optimum bias of the central cooler $V_{C,\text{opt}}$, the active trap improves the performance of the central cooler. Under finite values of $I_{\text{trap}}$, we reach $T_{N,\text{opt}} = 65$ mK as compared to 80 mK when the active trap is off. These features result from the interplay of on-chip heating, $N-I-S$ cooling, and the temperature-dependent electron-phonon interaction in the various electrodes. The data on $T_N$ are collected as a function of $I_{\text{trap}}$ at different bath temperatures of 300, 200, and 90 mK in Figs. 3(d), 3(e), and 3(f), respectively. We plot the temperature differences $\Delta T_N = T_N(I_{\text{trap}}) - T_N(I_{\text{trap}} = 0)$ of the central island in two cases: when the main cooler is off ($V_C = 0$, red circles) and under optimal bias ($V_{C,\text{opt}}$, blue squares). At the lowest bath temperature of 90 mK [Fig. 3(f)], there is only heating at $V_C = 0$ of the central cooler by nonzero $I_{\text{trap}}$. Still, the central cooler achieves a lower ultimate temperature of 65 mK at finite $I_{\text{trap}}$ as compared to 80 mK when the secondary cooler is off.

A summary of our results is shown in Fig. 3(c), where the optimum temperature drop on the central normal island $\Delta T_{N,\text{opt}} = T_{\text{bath}} - T_{N,\text{opt}}$ is shown as a function of the bath temperature for various values of $I_{\text{trap}}$. At the low-temperature end, the cooler reaches its base temperature of 65 from 200 mK compared to 90 mK when $I_{\text{trap}} = 0$. Around the bath temperature of 300 mK, we achieve $\Delta T_{N,\text{opt}} = 200$ mK compared to $\Delta T_{N,\text{opt}} = 150$ mK at $I_{\text{trap}} = 0 \, \mu\text{A}$ in the high-power $S-I-N-I-S$ cooler. Such a large temperature drop has previously been achieved in devices with orders-of-magnitude-lower cooling power [32], where the overheating of the superconductor is easier to manage with passive trapping techniques.

### III. A THERMAL MODEL

The thermal transport of the device is illustrated by the diagram in Fig. 4(a). Assume local electron temperatures at quasiequilibrium throughout the device. The heat transport in each element is described by a one-dimensional heat-diffusion equation $\partial [-\kappa_i(\partial T_i/\partial x)]/\partial x = P_i$ with $T_i$ being the temperature, $\kappa_i$ the thermal conductance, and $P_i$ the total injected heat along the element $i$, which is either a superconductor ($S$), normal metal ($N$), or normal-metal drain ($D$). The blue arrow denotes cooling by a $N-I-S$ junction across a discrete barrier. Assuming a fully symmetric device, it extracts a power

$$\dot{Q}_{N-I-S} = \frac{1}{e^2 R_N} \int \frac{d\varepsilon}{2} \left( \frac{e\varepsilon}{2} - f_N(e) \left[ e - \frac{e\varepsilon}{2} \right] - f_S(e) \left[ e + \frac{e\varepsilon}{2} \right] \right)$$

out of the normal metal and dumps a power $IV/2 + \dot{Q}_{N-I-S}$ into the superconducting lead. Here, $f_N$ ($f_S$) is the distribution of electrons in the normal metal (superconductor). The red arrow represents heat transport through another $N-I-S$ barrier to the drain at zero bias [33]:

![Diagram](image-url)
\[ \dot{Q}_{V=0} = \frac{2\pi k_B \Delta^3}{\varepsilon^2 d_S r_D^2} \left( \sqrt{T_S e^{-\Delta/\varepsilon k_B T_S}} - \sqrt{T_D e^{-\Delta/\varepsilon k_B T_D}} \right), \]

where \( d_S \) is the thickness of the superconductor, and \( r_D \) the resistivity of the tunnel barrier between the drain and the superconductor. The green symbol refers to the power exchanged between electrons and phonons [34]. We use the bulk power law of the electron-phonon coupling, as significant deviations arising from reduced dimensionality are expected only for smaller systems [35]

\[ \dot{Q}_{e-ph} = \Sigma V(T_s^g - T_{ph}^g), \]

with \( \Sigma \) the electron-phonon coupling coefficient and \( V \) the volume of the normal metal.

It is possible to write down a set of heat equations for each local temperature: \( T_N \), \( T_S \), \( T_D \). This approach is similar to the thermal model that was presented in Refs. [31,33], where it matched well with experimental data. To illustrate the role of the second-stage cooler, we solve for \( T_D \) in the drain that connects to the active trap. As seen in Fig. 4(a), the drain consists of three regions with different heat sources. Region \( D1 \) lying directly underneath the \( N-I-S \) junction receives the secondary power of the main cooler, which is substantially larger than the cooling power itself due to the relatively low efficiency [17]. The heat equation in this region writes

\[ D1: \frac{\partial}{\partial x} \left( \kappa_N d_D \frac{\partial T_{D1}}{\partial x} \right) = -\mathcal{P}_{e-ph}(T_{D1}) + IV/2. \]

This heat dissipates from region \( D1 \) to region \( D2 \), which connects the junction and the active trap. Here, electrons thermalize with phonons as

\[ D2: \frac{\partial}{\partial x} \left( \kappa_N d_D \frac{\partial T_{D2}}{\partial x} \right) = -\mathcal{P}_{e-ph}(T_{D2}). \]

In region \( D3 \), the heat is actively pumped away with the cooling power from the second-stage cooler on top of the electron-phonon interaction as

\[ D3: \frac{\partial}{\partial x} \left( \kappa_N d_D \frac{\partial T_{D3}}{\partial x} \right) = -\mathcal{P}_{e-ph}(T_{D3}) + \mathcal{P}_{N-I-S}(I_{trap}, R_D). \]

Here, \( d_D \) is the drain thickness, \( \mathcal{P}_{e-ph} \) and \( \mathcal{P}_{N-I-S} \) are local powers per unit area corresponding to \( \dot{Q}_{e-ph} \) and \( \dot{Q}_{N-I-S} \). We solve this equation numerically for the bath temperature of 300 mK with parameters of the measured device: \( R_N = 1000 \, \Omega \, \mu m^2 \), \( \Delta = 190 \, \mu eV \), \( d_D = 100 \, nm \), and the lengths of \( D1, D2, \) and \( D3 \) are 4, 10, and 20 \( \mu m \), respectively. This result is shown in Fig. 4(b) for two cases: when the trap is off and when it is optimally biased. Clearly, the active trap cools the drain and the superconductor of the first stage efficiently. Figure 4(c) shows the value of \( T_D \) at the center of the \( D1 \) region as a function of the bath temperature for the two cases, when the active trap is off and on, respectively. Above the bath temperature of 400 mK, the role of the active trap is diminished because of the overwhelming contribution from the electron-phonon coupling.

**IV. DISCUSSION**

To optimize the performance of a \( S-I-N-I-S \) cooler, the superconducting electrode has to tolerate heat generated by the injection of quasiparticles. In accord with previous work [18,21], our series of experiments [30,31] proves that the \( S-I-N-I-S \) cooler reaches lower temperature with a better thermalized superconductor using a “passive” quasiparticle trap. Although the enhancement is impressive, the cooler does not meet theoretical expectations with this method only. Alternatively, the superconductor can be thermalized with a small perpendicular magnetic field [33,36–39]. The field induces a small number of vortices with a normal core, which act as local quasiparticle traps. This method is not applicable for a large junction device, as the presence of a vortex also diminishes the quality of a superconductor. Closest to our work, Ferguson [40] employs two aluminum films of different thicknesses, which act as two superconductors \( S_1 \) and \( S_2 \) with distinct gaps. A biased \( S_1-I-S_2 \) junction extracts efficiently excess quasiparticles out of a mesoscopic device, a Cooper pair transistor, located nearby on the same chip.

The presented double-stage cooler is an experimental realization of a cascade tunnel-junction refrigerator where one stage assists the operation of the other. Would one replace one of the stages with a superconductor of higher transition temperature \( T_c \), e.g., tantalum nitride [41] or vanadium [42] as the second stage, the cascade cooler should be able to work starting from a higher bath temperature. Using titanium [43] as a superconductor with a lower \( T_c \), the cooler should be able to reach a much lower \( T_N \) [29]. Ultimately, employing two or three stages in cascade, it might achieve a temperature drop from 2 K to below 10 mK and replace a dilution cryostat in targeted applications [44,45].

We highlight here a number of aspects that we consider when designing the double-stage refrigerator. First, instead of using AlMn [31], the quasiparticle drain is made of Cu, so that it is possible to connect it directly to the normal metal of the active trap. We find that this cooler performs quite similar to the one with an AlMn drain, which is consistent with our expectations from the model in Ref. [31]. Second, the \( N-I-S \) junctions of the active trap are clearly not optimized for lowering the temperature but to extract heat out of the main cooler. The junction area in the second stage is almost an order of magnitude bigger than that of the central cooler, so that its cooling power can compensate for the discarded heat from the central cooler. Last but not least, the active traps are positioned very close
to the central cooler at a distance of 3 μm, to ensure an efficient evacuation of quasiparticles. If this distance is larger than the electron-phonon relaxation length, which is about 10 μm at 300 mA for Cu, quasiparticles mostly lose heat to phonons and adversely increase the bath temperature of the central cooler instead of being conveyed away by the active trap.

V. CONCLUSIONS

We introduce an efficient method to thermalize nonequilibrium superconductors under active generation of quasiparticles. Powered by two $S-I-N-I-S$ coolers functioning as active quasiparticle traps, the proof-of-concept double-stage refrigerator demonstrates a temperature drop from 300 to 100 mK at 300-pW cooling power. This serial design is promising not only for electronic refrigeration, but it is also applicable for other cryoelectronic devices where one injects nonequilibrium quasiparticles into a superconductor.

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