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Lasing in circuit quantum electrodynamics with strong noise

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We study a model which can describe a superconducting single-electron transistor or a double quantum dot coupled to a transmission-line oscillator. In both cases the degree of freedom is given by a charged particle, which couples strongly to the electromagnetic environment or phonons. We consider the case where a lasing condition is established and study the dependence of the average photon number in the resonator on the spectral function of the electromagnetic environment. We focus on three important cases: a strongly coupled environment with a small cutoff frequency, a structured environment peaked at a specific frequency, and 1/f noise. We find that the electromagnetic environment can have a substantial impact on the photon creation. Resonance peaks are in general broadened and additional resonances can appear.

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I. INTRODUCTION

In recent experiments [1,2] an effective single-atom maser was realized using a superconducting single-electron transistor (SSET), which is essentially a charge qubit with an additional applied transport voltage. The two qubit states are coupled to a transmission-line resonator and a third state plays a role in the pumping cycle [Fig. 1(a)]. This system has been theoretically studied [3–7] and it has been experimentally shown [1,2] that lasing can be achieved. Theoretically it has also been shown [1] that an SSET can be used to create a nonclassical photon distribution in a resonator [8,9]. The same design can be used with a mechanical oscillator [10,11] instead of a transmission-line resonator and has been considered as one of the possibilities to observe nonclassical states in a macroscopic object [12]. If a Josephson junction is directly shunted by a resonator it is also possible to observe enhanced photon creation [13], multistability [14], and nonclassical effects [15–17].

A very similar situation has been studied using a double quantum dot coupled to a transmission-line resonator [18,19] [Fig. 1(b)]. Here an applied transport voltage drives a current through a double dot, where the energy difference between left and right dot can be used to create photons. The correlation of photon emission and transport properties has been extensively studied [20–23]. It has also been theoretically shown that lasing can be achieved [20,24]. Already, in experiments a linewidth narrowing has been observed [25] and even clear experimental evidence for lasing has been shown [26]. Many theoretical studies have been performed for this setup. It has, e.g., been used as a toy model for the quantum photovoltaic effect [27] and it has been considered as a hybrid microwave-cavity heat engine [28].

In both cases, SSET and double dot, we consider the charge degree of freedom. Charge is strongly coupled to any perturbation from the environment. The charge variable of the SSET is strongly coupled to fluctuations in the background charge and the electromagnetic environment [29,30]. In the double dot, the electron is strongly coupled to phonons [31]. In most theoretical studies the effects of noise are modeled by using a lowest order master equation, which assumes a smooth spectral function and relatively weak coupling to the environment. However, it has already been shown that if strong coupling to the bath and higher order transition processes are considered, new effects such as enhanced photon emission [32] and inversionless lasing [33] can appear.

We are going to consider strong coupling to the environment with a structured spectral function. The approach used in this paper is similar to the description of strong dephasing in a quantum dot coupled to a cavity [34]. However we consider a system where noise creates both dephasing and relaxation, depending on the bias point. Additionally we consider charge tunneling (either quasiparticles for the SSET or electrons for the double dot), which serves as a pumping mechanism for the three-level maser. We will focus on three specific examples of noise spectral densities: low-frequency noise created by a strong external resistor [35], finite-frequency resonances [36,37], and 1/f noise [38–40]. Our results suggest that low-frequency noise was an important factor in the realization of the single artificial atom maser using an SSET [1] and that spurious resonances can lead to additional resonance peaks. In certain limiting cases it is possible to describe the system by a Markovian master equation that treats photon creation as a stochastic process. Despite the fact that in this case all quantum coherence is lost, the classical coherence of radiation, which is the hallmark of lasing, is still preserved, and we will explicitly show the connection of our approach to a standard description of the laser [41] in Sec. V.

In the next section we will explain in detail the model we use to describe the SSET coupled to the resonator and to strong charge noise. We write the Hamiltonian in the basis of the charge qubit eigenstates and use a standard description of a bosonic reservoir, coupled to the island charge. Then we discuss the consequences of strong charge noise and introduce the diagonalization of the longitudinal charge noise component. Noise creates transitions between the states of our system. We will discuss these rates and introduce a master equation in the Lindblad form which governs the dynamics of our system. In a short section we will then show how exactly the same model can be used to describe a double
The energy for the process is the left junction onto the island and via two consecutive single-charge tunneling events into the right lead. The energy difference is approximately in zero additional charges. The energy difference is tuned to be smaller than the state with two additional charges is tuned to be smaller than the state with zero additional charges. The energy difference is approximately in resonance with a cavity coupled to the island. (b) An electron tunnels from the left lead into the left dot. Then the electron tunnels from left to right dot, emits a photon, and finally tunnels into the right lead.

dot coupled to a resonator. The next two sections will be used to describe the effects of coupling to a strong external resistor, to a single mode in equilibrium, and to $1/f$ noise. In the end we summarize our results and we briefly discuss their consequences in regard to experiments on mechanical oscillators coupled to single-charge devices and for further work on lasing.

II. MODEL HAMILTONIAN

In this section we will first discuss the Hamiltonian of an SSET in great detail. The SSET consists of two superconducting leads coupled by tunnel junctions to a superconducting island. A gate voltage $V_G$ shifts the electrostatic energy of the island and controls, together with the transport voltage $V$, the current through the device. The Josephson coupling $E_J$ of the junctions should be weak compared to the charging energy $\Delta$, it leads to coherent Cooper pair tunneling, with pronounced consequences when two charge states differing by one Cooper pair are nearly degenerate. In addition, quasiparticles tunnel incoherently (with rate $\propto V/eR$, where $R$ is the normal-state resistance on the junction) when the energy difference between initial and final state is sufficient to create a quasiparticle excitation, i.e., when it exceeds twice the gap (assumed equal for electrodes and island), $|\Delta E| \geq 2\Delta$ [42].

The gate charge $N_G = C_G V_G/e$ is chosen to be close to 1, $\delta N_G = N_G - 1 < 1/2$. This means that we tune the SSET close to the QJP cycle where current is transported in the following way: A Cooper pair tunnels through the left junction onto the island, increasing the island charge $N$ by 2. This is followed by two quasiparticle tunneling events through the right junction, which brings the island back to its original configuration [43] [Fig. 1(a)].

To create a laser-like situation in the SSET we utilize two charge states $|N = 0\rangle$ and $|N = 2\rangle$. These two states are coupled by Josephson tunneling through the left junction. The similarities to quantum optical systems becomes more obvious in the base of the charge qubit, where we diagonalize the coupled charge states. Additionally it is necessary to create population inversion. This is achieved by using a third state, the odd charge state $|N = 1\rangle$.

We describe the system by the following Hamiltonian,

$$H = H_{\text{sys}} + H_{\text{env}} + H_{\text{qp}} + H_{\text{diss}} + V_{\text{coupl}} + V_{\text{qp}} + V_{\text{diss}}. \quad (1)$$

The system is given by a qubit and a single-mode oscillator in the electromagnetic resonator, $H_{\text{sys}} = H_{\text{qp}} + H_{\text{osc}}$. The first contribution, $H_{\text{qp}}$, describes an isolated qubit in the form

$$H_{\text{qp}} = \sum_{N=0}^{2} E_C(N_G - N)^2 P_{N,N} - \frac{E_J}{2}(P_{2,0} + P_{0,2}), \quad (2)$$

where we introduced projection operators,

$$P_{N,M} = |N\rangle\langle M|, \quad (3)$$

and $|N\rangle$ are the charge states of the island.

The two charge states $N = 0$ and $N = 2$ are coupled by Josephson tunneling through the left junction with strength $E_J$ [Fig. 1(a)]. Across the right junction we apply a large voltage drop; therefore the Josephson tunneling for this junction can be neglected [43]. We diagonalize the qubit part of the Hamiltonian $H_{\text{qp}}$ by introducing the states

$$|\uparrow\rangle = \cos \frac{\xi}{2} |N = 0\rangle + \sin \frac{\xi}{2} |N = 2\rangle,$$

$$|\downarrow\rangle = \sin \frac{\xi}{2} |N = 0\rangle - \cos \frac{\xi}{2} |N = 2\rangle, \quad (4)$$

$$\tan \xi = \frac{E_J}{4\delta N_G E_C}.$$  

The states $|\uparrow\rangle$ and $|\downarrow\rangle$ play the essential role to generate lasing and $|N = 1\rangle$ is needed to create population inversion. It is convenient to introduce Pauli matrices,

$$\sigma_z = |\uparrow\rangle\langle \uparrow| - |\downarrow\rangle\langle \downarrow|, \quad \sigma_x = \sigma_+ + \sigma_-, \quad \sigma_+ = \sigma^\dagger_+ = |\uparrow\rangle\langle \downarrow|,$$

$$\sigma_- = \sigma^\dagger_- = |\downarrow\rangle\langle \uparrow|.$$  

$$\sigma^\dagger_+ = \sigma^\dagger_- = |\uparrow\rangle\langle \downarrow|.$$  

$$\sigma^\dagger_- = \sigma^\dagger_+ = |\downarrow\rangle\langle \uparrow|.$$  

$$\sigma_- = \sigma^\dagger_+ = |\downarrow\rangle\langle \uparrow|.$$  

$$\sigma^\dagger_- = \sigma^\dagger_+ = |\uparrow\rangle\langle \downarrow|.$$  

(5)
and the diagonal Hamiltonian of the qubit in this basis,

\[ H_{\text{qbit}} = \Delta E \sigma_z - E_C P_{1,1}, \]
\[ \Delta E = \sqrt{E_1^2 + 4(E_C \delta N_G)^2}, \]  

(6)

where we shifted the origin of energy. The Hamiltonian of the electromagnetic resonator is

\[ H_{\text{osc}} = \omega_0 a^\dagger a. \]  

(7)

The eigenstate of the system Hamiltonian \( H_{\text{sys}} \) is characterized by the qubit states, \( \sigma = \uparrow, \downarrow, 1 \), and the number of photons \( n \) as \( |\sigma,n\rangle \) with the energy \( E_\sigma + n \omega_0 \), where \( E_{1/1} = \pm \Delta E/2 \) and \( E_1 = -E_C \). For lasing, the qubit is operated around the resonant condition,

\[ \delta \omega = 0, \quad \delta \omega \equiv \omega_0 - \Delta E, \]  

(8)

so that the states \( |\downarrow,n+1\rangle \) and \( |\uparrow,n\rangle \) are degenerate [Fig. 2(a)] and thus coherent emission or absorption of photons can be induced.

For photon emission, population inversion has to be created by quasiparticle tunneling [3,4]. The Hamiltonian of the quasiparticles reads

\[ H_{\text{qp}} = \sum_{r=R,L} \sum_i \epsilon_{i,r} c_{i,r}^\dagger c_{i,r}, \]  

(9)

where the subscript \( R \) denotes the right lead, while the subscript \( L \) denotes the superconducting island. We only apply a large voltage drop across the right junction; therefore we neglect quasiparticle tunneling through the left junction [43]. The effect of the tunneling of quasiparticles on the qubit is described by the following Hamiltonian:

\[ V_{\text{qp}} = T_{\text{qp}} (P_{2,1} + P_{1,0}) + \text{H.c.}, \]
\[ T_{\text{qp}} = \sum_{i,L} t_{i,L}^\dagger c_{i,L}^\dagger c_{i,R}. \]  

(10)

The quasiparticles obey the Fermi distribution

\[ f^+(\omega) = \frac{1}{e^{\beta_e \omega} + 1}, \]  

(11)

with inverse electron temperature \( \beta_e \). The density of states of quasiparticles is gapped,

\[ \rho(\omega) = \sum_{i} \delta(\omega - \epsilon_{i,r}) = \rho_0 \frac{\theta(1 - \Delta^2/\omega^2)}{\sqrt{1 - \Delta^2/\omega^2}} \]  

(12)

and thus only for \( eV > 2\Delta \) quasiparticle tunneling and simultaneous change in the charge states occurs. In the qubit basis, it can be rewritten as

\[ V_{\text{qp}} = T_{\text{qp}} \left[ \cos \frac{\xi}{2}(-P_{1,1} + P_{1,1}) + \sin \frac{\xi}{2}(P_{1,1} + P_{1,1}) \right] + \text{H.c.} \]  

(13)

For \( \delta N_G > 0 \), the condition \( \cos(\xi/2) > \sin(\xi/2) \) is satisfied and the probability for the pumping process \( |\downarrow,n\rangle \to |\uparrow,n\rangle \) [Fig. 2(b), left panel] is higher than that for the antipumping process \( |\uparrow,n\rangle \to |\downarrow,n\rangle \) [Fig. 2(b), right panel]. At the symmetry point, \( \delta N_G = 0 \), both processes occur equally, \( \cos(\xi/2) = \sin(\xi/2) = 1/\sqrt{2} \), and thus no population inversion is created.

The qubit is capacitively coupled with the transmission-line oscillator. It is also coupled with environmental charge fluctuations. These couplings appear in the same form as

\[ V_{\text{coupl}} = [g (a^\dagger + a) + x] (P_{0,0} - P_{2,2}), \]
\[ x = \sum_i t_i \left( b_i^\dagger + b_i \right), \]  

(14)

where we introduce another oscillator bath to model the environmental charge fluctuations,

\[ H_{\text{env}} = \sum_i \omega_i b_i^\dagger b_i. \]  

(15)
The bosonic bath is characterized by the correlation function,
\[
\langle x(t)x(0) \rangle = \frac{1}{4} \int \frac{d\omega}{2\pi} N(\omega) n^{-}(\omega) e^{-i\omega t}.
\]
(16)
The equilibrium distribution function for bosons reads
\[
n^{-}(\omega) = \frac{1}{1 - e^{-\beta\omega}},
\]
(17)
where \(\beta = 1/k_B T\) and \(T\) is the noise temperature. The spectral density,
\[
N(\omega) = 2\pi \sum |t|^2 [\delta(\omega - \omega_0) - \delta(\omega + \omega_0)],
\]
(18)
can be arbitrary. This model is versatile and able to describe a variety of charge noise sources in equilibrium. For example, if the source of the environmental charge fluctuation is the external circuit, the spectral function is given as
\[
N(\omega) = \omega ReZ(\omega)/R_K,
\]
(19)
where \(Z(\omega)\) is the effective impedance as seen from the quantum system [44,45], and \(R_K\) is the resistance quantum. The electromagnetic environment is known to have a significant impact for single-charge devices [46]. This model is also able to describe the coupling to another mode in the electromagnetic resonator with frequency \(\omega_L\), which is off-resonant and thus in equilibrium. The spectral density is
\[
N(\omega) = \omega_L \epsilon_C [\delta(\omega - \omega_L) - \delta(\omega + \omega_L)],
\]
(20)
where \(\epsilon_C\) characterizes the coupling strength. For an extensive discussion of the form of the effective impedance and its relation to the coupling to the electromagnetic environment, see Ref. [45].

In the basis of the diagonal qubit Hamiltonian, the couplings between the qubit and the oscillator consist of a longitudinal and a transverse part, \(V_{\text{coupl}} = V_z + V_L\). The longitudinal coupling reads
\[
V_z = \langle g (a^+ + a) + x \rangle \cos \xi \sigma_z,
\]
(21)
and we separate the transverse coupling into two parts \(V_L = V_{\text{ch}} + V_{\text{s}}\) with
\[
V_{\text{ch}} = x \sin \xi \sigma_x,
\]
\[
V_{\text{s}} \approx g (a^+ \sigma_+ + a \sigma_-) \sin \xi,
\]
(22)
where we performed the rotating-wave approximation; namely, we neglect terms \(a^+ \sigma_+\) and \(a \sigma_-\) connecting the states \(\uparrow, n\) and \(\downarrow, n - 1\) energetically separated by \(\Delta E + \omega_0\). Now \(V_{\text{ch}}\) induces transitions between the qubit states \(\uparrow, n\) and \(\downarrow, n + 1\) [Fig. 2(a)]. The transverse coupling to the bosonic bath \(V_{\text{ch}}\) causes relaxation [Fig. 2(a)], while the longitudinal coupling \(V_z\) causes dephasing. The relaxation effect \(V_{\text{ch}}\) is weak since the states \(\uparrow, n\) and \(\downarrow, n\) are energetically separated by the gap \(\Delta E\) and the relevant frequencies of the spectral densities considered in this paper are all smaller than \(\Delta E\). Further by tuning to the symmetry point \(\delta N_G = 0\) \((\xi = \pi/2)\), the longitudinal coupling \(V_z\) disappears. However, for lasing, in order to create population inversion, the qubit has to be tuned away from symmetry, \(\delta N_G > 0\).

Finally, we also account for the mixing of the single mode in the resonator with an external circuit again modeled by oscillators,
\[
H_{\text{diss}} = \sum_i \omega_i d_i^+ d_i,
\]
\[
V_{\text{diss}} = \sum_i \epsilon_i d_i^+ a + \text{H.c.}
\]
(23)
Since the precise form of the spectrum is not relevant we simply assume it smooth around the frequency of the resonator, which leads to a decay rate of the form
\[
\kappa = \int dt \sum_i |t_i|^2 [\langle d_i(t)d_i^+(0) \rangle e^{i\omega t}].
\]
(24)
The temperature in the oscillator reservoir does not have to coincide with the noise temperature and since it does not substantially effect our results we choose the temperature in the oscillator to be small.

A. Lasing-like behavior in incoherent photon emission

In order to generate lasing, first the qubit is tuned to the resonant condition, where \(\uparrow, n\) and \(\downarrow, n + 1\) are energetically degenerate [Fig. 2(a)], and then photon emission or absorption is possible. This condition must be fulfilled at a bias point \(\delta N_G > 0\), such that population inversion is created. At the same time, it inevitably creates longitudinal coupling between the qubit and charge noise \(V_z\). The size of the fluctuations is characterized by
\[
\cos^2 \xi \langle x(t)^2 \rangle = \frac{\cos^2 \xi}{4} \int \frac{d\omega}{2\pi} N(\omega) n^{-}(\omega).
\]
(25)
Then the longitudinal coupling with the bosonic field \(V_z\) competes with the transverse coupling with the oscillator \(V_{\text{s}}\). We consider the case when the fluctuations in the level splitting can be larger than the Rabi frequency, the transverse coupling between oscillator and SSET,
\[
g \sqrt{n} \sin \xi < \sqrt{\langle x(t)^2 \rangle} \cos \xi,
\]
(26)
where \(\langle n \rangle = \langle a^+ a \rangle\) is the average number of photons in the system. As we tune away from degeneracy the transverse coupling to the oscillator that is needed to create photons decays as \(\sin \xi\); at the same time, the fluctuations in the level splitting grow as \(\cos \xi\). We diagonalize the longitudinal part \(V_z\), using a polaron transformation [47,48],
\[
U = \exp[-i \cos \xi (p + p^\dagger) \sigma_z].
\]
(27)
Here, in order to write the resulting Hamiltonian in a compact form we introduce the operators
\[
p = \sum_i t_i (b_i^+ - b_i)/2\omega_0, \quad p^\dagger = i g (a^+ - a)/\omega_0.
\]
(28)
After the transformation the coupling between the SSET, the oscillator, and the charge noise takes the form
\[
\tilde{V}_{\text{coupl}} = U V_{\text{coupl}} U^\dagger = \tilde{V}_{\text{ch}} + \tilde{V}_{\text{s}},
\]
(29)
where \(\tilde{V}_{\text{s}}\) and \(\tilde{V}_{\text{ch}}\) are now dressed by polarons as
\[
\tilde{V}_{\text{s}} \approx g \sin \xi e^{-i\delta \pi/2} a e^{-i\delta \pi/2} \sigma_+ + \text{H.c.},
\]
\[
\tilde{V}_{\text{ch}} = \sin \xi e^{-i\delta \pi/2} \delta u e^{-i\delta \pi/2} \sigma_+ + \text{H.c.},
\]
(30)
where \( S = p \cos \xi \) and \( S' = p' \cos \xi \). Here \( \tilde{V}_g \) may be treated as the perturbation. \( \tilde{V}_{ch} \) may be also treated as the perturbation because the relevant frequencies of the spectral functions considered are smaller than the energy splitting \( \Delta E \). The quasiparticle tunneling is dressed with polarons as well and the transformed Hamiltonian reads

\[
\tilde{V}_{qp} = T_{qp} \left[ \cos \frac{\xi}{2} \left( -e^{-i(S+S')/2} P_{1,1} + P_{1,1} e^{-i(S+S')/2} \right) + \sin \frac{\xi}{2} \left( e^{i(S+S')/2} P_{1,1} + P_{1,1} e^{i(S+S')/2} \right) \right] + H.c. \tag{31}
\]

However, quasiparticle tunneling processes are dominated by the energy scale of the transport voltage \( eV \) and phase fluctuations cause only minor effects as we will discuss later.

Here at this point we summarize the nonperturbative part \( H_0 \) and the perturbative part \( H' \),

\[
H_0 = H_{sys} + H_{env} + H_{qp} + H_{diss},
\]

\[
H' = \tilde{V}_g + \tilde{V}_{ch} + \tilde{V}_{qp} + V_{diss}. \tag{32}
\]

Then the reduced density matrix is obtained by tracing over all reservoir degrees of freedom, consisting of the charge noise, quasiparticles, and dissipation in the oscillator \( H_{env} + H_{qp} + H_{diss} \):

\[
\rho(t) = \text{Tr}_R \left[ e^{-iH_0 + H' t} \rho_0 e^{iH_0 + H' t} \right],
\]

\[
\rho_0 \propto e^{-\beta H_0}, \tag{33}
\]

where the initial density matrix is normalized as \( \text{Tr} \rho_0 = 1 \).

Under the situation we are considering, because of strong environmental noise, the coherent coupling between the states \( |\uparrow, n \rangle \) and \( |\downarrow, n + 1 \rangle \) is lost and transitions among different photon states becomes stochastic. The quantities of interest are the average number of photons \( \langle n \rangle = \langle a^\dagger a \rangle \) and the Fano factor

\[
F = \frac{\langle n^2 \rangle - \langle n \rangle^2}{\langle n \rangle}. \tag{34}
\]

The Fano factor defines the width of the photon number distribution. In a pumped oscillator one would expect a photon number distribution, similar to a Poisson distribution; in this case the Fano factor should be close to \( F = 1 \). If we only heat the oscillator and we have a thermal photon number distribution the Fano factor should be close to \( F = \langle n \rangle + 1 \).

**B. Transition rates**

Let us take a closer look at few selected transition rates. We do this to make the connection between our microscopic Hamiltonian and our Markovian master equation clear. First, let us consider the quasiparticle tunneling processes for generating the population inversion. The transition rate of the process \( |\uparrow, n \rangle \rightarrow |\downarrow, n \rangle \) within Fermi’s golden rule in \( \tilde{V}_{qp} \) reads

\[
\Gamma_{|\downarrow, n\rangle \rightarrow |\uparrow, n\rangle} = 2 \cos^2 \frac{\xi}{2} \left( \Gamma_{0} \int_0^\infty dt \ e^{i\omega t} \langle C_{n,1/2} \rangle \right)^2 \times \left( C_g(t) \right)^{1/4} e^{iE_{\uparrow,n} - E_{\downarrow,n} - eV t}, \tag{35}
\]

where the particle-hole propagator is given by

\[
\gamma_{qp}^{-+}(\omega) = (T_{qp}(t)T_{qp}^\dagger(\omega)) = 2\pi |\rho_R|^2 \int_0^\infty d\omega' d\omega' (\omega' - \omega - i\epsilon), \tag{36}
\]

where \( f^- = 1 - f^+ \) and \( f^+ \) is the Fermi distribution. The matrix element is given by \( C_{n,1/2}^g = \langle |n\rangle e^{-i\xi/2} \rangle^2 \approx 1 \uparrow 1 \) to the order of \( \langle g/\omega \rangle \). For all further purposes we will ignore the effect of higher orders of \( \langle g/\omega \rangle \) on the quasiparticle tunneling rate, since it has no significant impact in our regime. For a discussion of the effects this coupling to the oscillator can have, see, e.g., Ref. [49]. The correlation function \( C_g(t) \) is well known from \( P(E) \) theory [44]:

\[
C_g(t) = \langle e^{iSt} e^{-i\xi S} \rangle = \exp \left( \frac{\cos^2 \xi}{\pi} \int_0^\infty d\omega N(\omega) \left( 1 - \cos(\omega t) \right) \left( \coth(\beta\omega/2) - i\sin(\omega t) \right) \right). \tag{37}
\]

It causes a broadening in the energy dependence of the tunneling rate by \( \sim \sqrt{x(t)^2} \). However, we will always operate in the regime \( eV > 2 \Delta \approx \cos \xi \sqrt{x(t)^2} \); therefore the broadening effect can be neglected. Further, since the bias voltage is much larger than the energy difference, which is of the order of the charging energy \( \varepsilon_c \), \( eV \gg |E_{\uparrow,n} - E_{\downarrow,n}| \), the transition rate is approximately

\[
\Gamma_{|\downarrow, n\rangle \rightarrow |\uparrow, n+1\rangle} \approx 2 |\rho_0|^2 \Gamma_{qp}, \quad \Gamma_{qp} = g_{qp} V, \tag{38}
\]

where \( g_{qp} = 2\pi |\rho_R|^2 \rho_0^2 \) is the quasiparticle tunnel conductance.

The crucial part in our theory is the photon absorption and emission rates induced by \( \tilde{V}_g \). Although these rates are governed by the charge fluctuations \( \chi \), it turns out that an incoherent pumping by quasiparticle tunneling also creates additional dephasing and modifies these rates considerably. Therefore, we consider second-order perturbation theory in \( g \sin \xi \), but infinite order in powers of the quasiparticle tunneling rate \( \Gamma_{qp} \). The photon absorption rate is given by

\[
\Gamma_{|\downarrow, n\rangle \rightarrow |\downarrow, n+1\rangle} = 2g^2 \sin^2 \xi \Re \int_0^\infty dt C_g(t) f_{\uparrow+1}^{\downarrow+1} \times i\pi \left( f_{\uparrow+1}^{\downarrow+1} \right), \tag{39}
\]

The matrix element reads \( f_{\uparrow+1}^{\downarrow+1} = \langle |n+1\rangle \langle \uparrow \uparrow | e^{-iS} a_\uparrow a_\uparrow | n \rangle \rangle^2 \approx n + 1 \) up to the order of \( \langle g/\omega \rangle \). From Eq. (39), we can see that the correlator \( C_g(t) \) causes a broadening of the resonance of SSET and oscillator. Therefore we will get direct information about the photon emission from the correlator.

The propagator \( f_{\uparrow+1}^{\downarrow+1} \) describes the time evolution of the off-diagonal component of the reduced density matrix \( \rho_{C_\uparrow+1} |\downarrow, n\rangle \downarrow, n+1 \rangle \), i.e., the dephasing. For zeroth order, it simply oscillates with frequency \( \delta \omega \) as \( f_{\uparrow+1}^{\downarrow+1}(t) = -ie^{i\delta \omega t} \). One should keep in mind that in our system \( \Gamma_{qp} \) is the strength of an incoherent pumping that creates an additional dephasing. We have to consider the broadening effects by this additional dephasing when the correlator \( C_g(t) \) decays weakly or does not decay as is the case when we later relate...
where the dephasing effects of the incoherent pumping can be simply included via an exponential decay with the decay rate $\Gamma_{\text{qp}}/2$.

Within the same approximation, the rate of relaxation from $|\uparrow, n\rangle$ state to $|\downarrow, n\rangle$ state caused by $\tilde{V}_{\text{ch}}$ is calculated as

$$\Gamma_{|\downarrow, n\rangle\rightarrow|\uparrow, n\rangle} = 2 \sin^2 \xi \Re \int_0^\infty dt C_{\text{ch}}(t) C_{\text{ch}}^*(t) i \pi |\uparrow, n\rangle(t),$$

where the correlation function reads (see Appendix)

$$C_{\text{ch}}(t) = \left\langle \left( e^{-iS/2} x e^{-iS/2} / (0) \right) \left( e^{iS/2} x e^{iS/2} / (0) \right) \right\rangle = C_g(t) \sin^2 \xi [ (x(t)x(0)) - \cos^2 \xi (p(t)x(0)) ]^{(45)}$$

and

$$\langle x(t)p(0) \rangle = i \int_0^\infty \frac{d\omega N(\omega)n(\omega)e^{-i\omega t}}{\omega}.$$

Up to the order $(g/e\omega_0)^2$ the relaxation rate becomes

$$\Gamma_{|\downarrow, n\rangle\rightarrow|\uparrow, n\rangle} \approx S_{\text{ch}}(\Delta E) = 2 \times \Re \int_0^\infty dt C_{\text{ch}}(t) e^{i\Delta E t - \Gamma_{\text{qp}} t/2}. \quad (47)$$

The contribution of this term is often small because of rapid oscillations with frequency $\Delta E$, which is of the order of $\omega_0$ and larger than any other energy scale but $eV$. Therefore the integral is convergent for $t \gg 1/\Delta E$.

The effects of the environment are contained in two noise correlators, $C_{\text{ch}}$ and $C_g$ [Eqs. (37) and (45)]. Both correlators depend on the rotation of the qubit. At the degeneracy point, $\xi = \pi/2$, they are reduced to

$$C_g = 1, \quad C_{\text{ch}} = \langle x(t)x(0) \rangle.$$

The first result means that the charge qubit is protected against dephasing. The second result means that the relaxation from the $|\uparrow\rangle$ state to the $|\downarrow\rangle$ state is caused by the charge fluctuations. We will discuss these correlators and the corresponding spectral functions, $S_{\text{ch}}(\delta\omega)$ and $S_g$, defined in Eqs. (43) and (47), respectively, for explicit choices of noise spectra later.

The spectral functions tell us at which energy absorption (emission) is most effective; however one should note that the effect each of these spectra has on the lasing properties of the system is markedly different. The spectral function $S_g(\delta\omega)$ describes the dephasing effects, which lead to an overall broadening of the resonance between oscillator and SSET. The corresponding operator $\sigma_y$ flips the qubit state, and creates a photon at the same time. Therefore the effectiveness of the creation of photons is proportional to the size of $S_g(\delta\omega)$. Only for large $S_g(\delta\omega)$ will we have a significant number of photons in the oscillator. In contrast to this $S_{\text{ch}}(\Delta E)$ has a detrimental effect on the creation of photons. The relaxation operator $\sigma_x$ allows transitions between the states $|\uparrow\rangle$ and $|\downarrow\rangle$. If therefore $S_{\text{ch}}(\Delta E)$ is large we have another efficient channel that closes the lasing cycle shown in Fig. 1, and only a few photons will be created.
C. Master equation

To find the density matrix in the stationary limit, we describe the system by a master equation. We expand the time evolution in orders of the coupling to the reservoirs. Dissipation and quasiparticle tunneling can be considered to be in the Born-Markov limit; therefore we truncate the expansion at lowest nonzero order. For the charge noise we can truncate at lowest order and perform the Markov approximation for

\[ S_g(\delta \omega) < \Gamma_{qp}, \quad S_{ch}(\Delta E) < \Delta E. \]  

Then the master equation reads

\[ \dot{\rho} = -i [H_{sys}, \rho] + (L_g + L_{ch} + L_{qp} + L_{diss}) \rho, \]  

where the Lindblad operator is separated into 4 parts. The coupling between oscillator and SSET is described by

\[ L_g \rho = \frac{S_g(\delta \omega)}{2} (2a^\dagger \rho a - a^\dagger a \rho - \rho a^\dagger a) + \frac{S_g(-\delta \omega)}{2} (2a^\dagger \rho a - a^\dagger a \rho - \rho a^\dagger a). \]  

Qubit relaxation is contained in the superoperator \( L_{ch} \), which reads

\[ L_{ch} \rho = \frac{S_{ch}(\Delta E)}{2} (2\sigma_+ \rho \sigma_- - \sigma_- \rho \sigma_+) + \frac{S_{ch}(-\Delta E)}{2} (2\sigma_- \rho \sigma_+ - \sigma_+ \rho \sigma_-). \]  

Incoherent-pumping processes by the quasiparticle tunneling are contained in

\[ L_{qp} \rho = \frac{\Gamma_{qp}}{2} \sum_{n=0,1} (2P_n^\dagger P_{n+1,\sigma} - P_{n+1,\sigma} P_n^\dagger) \rho - \rho P_{n+1,\sigma}^\dagger P_{n+1,\sigma}^\dagger, \]  

and dissipation in the oscillator part reads

\[ L_{diss} \rho = \kappa / 2 (2a \rho a^\dagger - a^\dagger a \rho - \rho a^\dagger a). \]  

Here the Hamiltonian \( H_{sys} \) and the Lindblad operator do not mix the off-diagonal and diagonal components of the reduced density matrix. Therefore, the system is described by the diagonal components and evolves stochastically. In the basis \(| \sigma,n \rangle \) we can then write the equations of motion as

\[ \begin{align*}
\dot{\rho}_{1,n} &= \Gamma_{qp} \sin^2(\xi/2) \rho_{1,n} + \Gamma_{qp} \cos^2(\xi/2) \rho_{1,n} + \kappa(n+1) \rho_{1,n+1} - (\kappa n + \Gamma_{qp}) \rho_{1,n}, \\
\dot{\rho}_{1,n} &= \Gamma_{qp} \sin^2(\xi/2) \rho_{1,n} + S_g(\delta \omega)(n+1) \rho_{1,n+1} + S_{ch}(\Delta E) \rho_{1,n+1} + \kappa(n+1) \rho_{1,n+1} \\
&\quad - [\Gamma_{qp} \sin^2(\xi/2) + S_g(\delta \omega)(n+1) + S_{ch}(\Delta E) + \kappa n] \rho_{1,n}, \\
\dot{\rho}_{1,n} &= \Gamma_{qp} \sin^2(\xi/2) \rho_{1,n} + S_g(\delta \omega) \rho_{1,n-1} + S_{ch}(\Delta E) \rho_{1,n} + \kappa(n+1) \rho_{1,n+1} \\
&\quad - [\Gamma_{qp} \sin^2(\xi/2) + S_g(\delta \omega)(n+1) + S_{ch}(\Delta E) + \kappa n] \rho_{1,n},
\end{align*} \]  

where we used the notation \( \rho_{\sigma,n} = \langle n, \sigma | \rho | n, \sigma \rangle \). As we will show in Sec. V, we can rewrite this master equation using standard methods and obtain a form which is formally equivalent to the equation of motion for a laser [41].

In the next three sections we will discuss the stationary solutions of the master equation, first for low-frequency noise [see Eq. (65)], then for coupling to a spurious resonance [see Eq. (68)], and at last for \( 1/f \) noise. One should note here that we assume that \( 1/f \) noise can be described as Gaussian and ergodic noise, which is not necessarily true and depends on the microscopic model [53–55]. We discuss the distribution probability of photons,

\[ \rho_n = \sum_{\sigma=\downarrow,\uparrow} \langle n, \sigma | \rho | n, \sigma \rangle, \]  

the average number of photons \( \langle n \rangle = \sum_n n \rho_n \), etc. We will also investigate the current through the SSET, which is given by

\[ I = e \Gamma_{qp} \left( \rho_{\uparrow} + \sin^2 \frac{\xi}{2} \rho_{\uparrow} + \cos^2 \frac{\xi}{2} \rho_{\downarrow} \right), \]  

where the density matrix for the qubit states is obtained by tracing out the photon number state as

\[ \rho_{\sigma} = \sum_n \langle n, \sigma | \rho | n, \sigma \rangle. \]  

III. THE DOUBLE DOT

In a double dot we consider a situation where a single charge can either sit on the left or right dot or both dots are unoccupied. Therefore we can write the double-dot Hamiltonian as

\[ H_{qdot} = \epsilon_L |1,0\rangle \langle 1,0| + \epsilon_R |0,1\rangle \langle 0,1| + \epsilon_0 |0,0\rangle \langle 0,0| + \right i (|1,0\rangle \langle 0,1| + |0,1\rangle \langle 1,0|). \]  

Here the eigenstates of the double dot are given by \(|1,0\rangle \) (left dot occupied), \(|0,1\rangle \) (right dot occupied), and \(|0,0\rangle \) (both dots unoccupied). To map this case to the SSET we replace the states

\[ \begin{align*}
|0\rangle &\rightarrow |N = 2\rangle, |1\rangle &\rightarrow |N = 0\rangle, \text{and} |0\rangle &\rightarrow |N = 1\rangle.
\end{align*} \]  

All energies have to be mapped accordingly. The coupling between the dots is equivalent to the Josephson coupling,
\( t = E_J/2 \). A detailed discussion of the lasing cycle in the case of the coupled dots can be found in Refs. [20,24].

For the double dot it is also reasonable to diagonalize the subspace which contains the charge states \([1,0]\) and \([0,1]\). This gives us states which act in an equivalent fashion to the states defined in Eq. (4).

\[
\begin{align*}
|\uparrow\rangle &= \cos \frac{\xi}{2}|1,0\rangle + \sin \frac{\xi}{2}|0,1\rangle, \\
|\downarrow\rangle &= \sin \frac{\xi}{2}|1,0\rangle - \cos \frac{\xi}{2}|0,1\rangle,
\end{align*}
\]

(60)

\[ \tan \xi = \frac{2t}{\epsilon_R - \epsilon_L}. \]

This allows us to write the Hamiltonian of the double dot in the form

\[ H_{qba} = \frac{\Delta E \sigma_z}{2} + \epsilon_0 |0,0\rangle \langle 0,0|, \]

\[ \Delta E = \sqrt{4t^2 + (\epsilon_L - \epsilon_R)^2}. \]

(61)

The terms in the master equation, which affect the photon creation (51) and decay (52), can then be adapted directly for the states \(|\uparrow\rangle\) and \(|\downarrow\rangle\) of the double dot. The pumping rates, which create the population inversion, are described by Eq. (53). These terms can be adapted for the double dot, using the substitution rules discussed above.

**IV. THE ELECTROMAGNETIC ENVIRONMENT**

In this section we will consider two examples that have been considered previously within the context of tunneling in small junctions [44]. The first case is coupling to a large ohmic impedance. We have chosen this example because it gives results similar to 1/f noise. In fact, as we will show in Sec. V, one can see 1/f noise as the classical limit of a large ohmic impedance. The second example is coupling to a single mode in equilibrium. Effects of this have been measured for a single-charge device with a well-characterized environment, e.g., in Ref. [37].

**A. High impedance environment**

If the qubit is coupled to an ohmic resistor the effective impedance in Eq. (19) takes the form [44]

\[ \text{Re}Z(\omega) = \frac{\epsilon_C \omega_R}{\omega^2 + \omega_R^2}, \]

(62)

where \( \omega_R = 1/RC_{\text{eff}} \) is the RC-cutoff frequency, \( \epsilon_C = e^2/C_{\text{eff}} \), and \( C_{\text{eff}} \) is a capacitance that depends on the details of the coupling to the external resistor with ohmic resistance \( R \). We consider noise sharply peaked for low frequencies, such that \( \omega_R \ll k_B T \).

In this case the dephasing correlator becomes

\[ C_g(t) = \exp\left[ \frac{-\epsilon_C \cos^2 \xi (k_B T - i \omega_R)(1 - e^{-\omega_R t})}{2 \omega_R^2} \right] - \frac{\epsilon_C k_B T}{2 \omega_R} \]

(63)

The decay time cannot be larger than \( t = 1/\Gamma_{qp} \). Therefore we can expand the exponent in this correlator in the short-time limit for \( \omega_R \ll \Gamma_{qp} \) and get

\[
C_g(t) = \exp(-\epsilon_C \cos^2 \xi [it + k_B T t^2]).
\]

(64)

While we will not explicitly consider the opposite limit \( \omega_R \gg \Gamma_{qp} \), one should note that in this case our theory reproduces the standard quantum optics results expected for a smooth spectral noise density. However, we will discuss this transition for small charge noise strength \( \epsilon_C \ll \Gamma_{qp} \).

The limit considered here corresponds to a large resistor, \( R \to \infty \), in the effective impedance [44].

\[
\text{Re}Z(\omega)/R_K \approx \epsilon_C \delta(\omega).
\]

(65)

The dephasing spectral function at the energy \( \delta \omega \) becomes

\[
S_g(\delta \omega) = \frac{1}{2} \left[ \frac{\pi}{2 \epsilon_C \cos^2 \xi k_B T} \right. \\
\times \exp\left( \frac{[\Gamma_{qp} - i(\delta \omega + \epsilon_C \cos^2 \xi)]^2}{4 \epsilon_C k_B T} \right) \\
\left. \times \text{erfc}\left( \frac{\Gamma_{qp} - i(\delta \omega + \epsilon_C \cos^2 \xi)}{2 \sqrt{\epsilon_C \cos^2 \xi k_B T}} \right) + \text{c.c.} \right].
\]

(66)

where \( \text{erf}[x] \) is the complementary error function. We can immediately analyze two important limits of this spectral function,

\[
S_g(\delta \omega) \propto \begin{cases} \\
\exp\left( \frac{-(\delta \omega + \epsilon_C \cos^2 \xi)}{4 \epsilon_C \cos^2 \xi k_B T} \right), & \text{for } \epsilon_C \sqrt{\epsilon_C k_B T} \gg \Gamma_{qp}, \\
\cos \xi \sqrt{\epsilon_C k_B T} \ll \Gamma_{qp}, & \text{for } \epsilon_C \sqrt{\epsilon_C k_B T} \ll \Gamma_{qp}.
\end{cases}
\]

(67)

If we have strong noise we have a Gaussian spectral function with a width defined by \( \epsilon_C \sqrt{\epsilon_C k_B T} \). The Gaussian function is peaked at \( \Delta E = \omega_C \cos \xi \epsilon_C \). This corresponds to the fact that in each qubit flip, a photon is created and additionally the energy \( \epsilon_C \cos \xi \epsilon_C \) is transferred to the environment. Previously it has been shown that in a similar situation, such a shift of the resonance can be used to create inversionless lasing [33] or enhanced photon emission in a double dot [32].

Note that the width and center of \( S_g(\delta \omega) \) depend on the rotation of the qubit. Directly at the degeneracy point, \( \delta N_q = 0 \), we have \( \cos \xi = 0 \) and therefore \( S_g \) is simply a Lorentzian with the width being determined by \( \Gamma_{qp} \). Overall we see that for strong low-frequency noise we get, as one would expect, a Gaussian resonance peak, and for weak noise we get a Lorentzian resonance peak.

The spectral function \( S_{\text{ch}}(\Delta E) \) is proportional to the relaxation rate. However, for any given configuration of our system this correlator will be evaluated for energies larger than the Josephson coupling, \( \Delta E \gg E_J \). Generally for low-frequency noise this means that the correlator has already decayed for relevant frequencies and can be ignored. However, one should note that we have a significant broadening, because of the dephasing caused by \( \Gamma_{qp} \), and as we move away from degeneracy, \( \cos \xi < 0 \), we get an additional broadening through \( \cos \xi \sqrt{\epsilon_C k_B T} \) and an overall frequency shift \( \epsilon_C \cos \xi \) [see Eq. (64)]. In Fig. 4 we can see a plot of the correlator \( S_{\text{ch}}(\Delta E) \). For this plot we have chosen a fixed value for the noise width \( \epsilon_C \sqrt{\epsilon_C k_B T} \) and than changed the coupling strength \( \epsilon_C \). One can see that for large coupling the frequency shift has
a significant impact and the spectral function has a peak for $\Delta E > E_J$. However, if the width is mostly caused by the noise temperature the correlator decays monotonically.

That means that the effect of transverse coupling for low-frequency noise is only important for a very strong coupling to the environment. Therefore in our discussion of $1/f$ noise (see Sec. V), where we make the formal transition to the classical high-temperature limit, we can ignore transverse coupling because we keep $\epsilon_C$ and therefore the frequency shift small.

In Fig. 5 we show the average number of photons for high ohmic impedance, calculated by numerically solving Eq. (55) in the stationary limit. As predicted from Eq. (67) we see that the resonance peak changes from a Lorentzian to a more Gaussian form for increasing noise coupling $\epsilon_C$. Nonetheless, we still have a significant Lorentzian component given by $\Gamma_{qp}$. One should also note that the maximum shifts to energies smaller than the oscillator frequency, $\Delta E < \omega$. The reason for this is the decrease of the coupling strength as we tune away from the degeneracy point. We will discuss this in more detail in Sec. V. We also show the Fano factor which shows the standard behavior for a laser. When we start to populate the oscillator, the distribution has a thermal shape, and therefore the Fano factor is large. As we move closer to resonance the number of photons grows and the distribution takes a form similar to a Poisson distribution, which means the Fano factor moves closer to 1.

### B. Coupling to a single mode

In the limit of coupling to a single mode, the effective impedance is reduced to [44]

$$\text{Re} Z(\omega)/R_K = \epsilon_C [\delta(\omega - \omega_L) + \delta(\omega + \omega_L)].$$  \hfill (68)

In this case the dephasing spectral function becomes [44]

$$S_{d}(\delta \omega) = \exp [-\eta_+ - \eta_-]$$

$$\times \sum_{n,m} \eta_n^m \eta_{m,n}^m \frac{2 \Gamma_{qp}}{\Gamma_{qp}^2 + \left[\delta \omega + (n + m)\omega_L\right]^2},$$

$$\eta_{\pm} = \frac{\epsilon_C \cos^2 \xi \pm 1}{\omega_L} e^{\pm \beta \omega_L} - 1.$$  \hfill (69)

This gives us several peaks in the photon number. However one should note that the largest peak is still located at $\Delta E - \omega_0 = 0$. Additionally we have peaks at $\Delta E - \omega_0 = \tilde{m}\omega_L$, with $\tilde{m} = \pm 1, \pm 2, \ldots$. For small temperatures, $\beta \to \infty$, the environment can only absorb energy and we only have peaks at $\tilde{m} \geq 0$.

The relaxation spectral function can be be written in a compact way by defining

$$S_{\text{ch,eff}}(\omega) = \frac{2 \Gamma_{qp} \omega_L^2}{\pi^2} \tan^2 \xi \left( \frac{\pi \eta_-}{\Gamma_{qp}^2 + (\omega - \omega_L)^2} \right.\right.$$

$$\left. + \frac{\pi \eta_+}{\Gamma_{qp}^2 + (\omega + \omega_L)^2} + \frac{\eta_+^2}{\Gamma_{qp}^2 + (\omega + 2\omega_L)^2} + \frac{\eta_-^2}{\Gamma_{qp}^2 + (\omega - 2\omega_L)^2} \right).$$

If we convolve this spectral function with Eq. (69), we obtain the relaxation spectral function

$$S_{\text{ch}}(\Delta E) = \exp [-\eta_+ - \eta_-]$$

$$\times \sum_{n,m} \eta_n^m \eta_{m,n}^m S_{\text{ch,eff}}(\Delta E + (n + m)\omega_L).$$  \hfill (71)

Here we can see that the total spectral density $S_{\text{ch}}$ will consist of multiple peaks which are repeating with distance $\omega_L$. This means relaxation will be strong always for $\Delta E = \tilde{m}\omega_L$, with $\tilde{m} = \pm 1, \pm 2, \ldots$. Each maximum in the relaxation rate will decrease the number of photons at that particular qubit.
The existence of noise with a $1/f$-type spectrum seems to be universal to all physical systems and has been an object of intense study [35,38,53–55]. Generally $1/f$ noise is considered classical noise; therefore we will consider the dephasing correlator in the classical limit

$$C_δ = \exp \left( \frac{\cos^2 \xi}{\pi} \int_{0}^{\infty} d\omega S(\omega) \frac{\cos(\omega t) - 1}{\omega^2} \right).$$  \hfill (72)$$

where we defined $S(\omega) = N(\omega) \coth(\omega/2k_B T)$. This is equivalent to replacing the coupling to a bosonic reservoir in Eq. (14) with a coupling to a classical fluctuating variable. Formally, we can make the transition to the classical case by choosing the spectral function to be constant, $N(\omega) = N$, and the temperature to be large. In this case the spectral function becomes

$$S(\omega) = \frac{k_B T N}{\omega}.$$  \hfill (73)$$

The factor $Nk_B T$ characterizes, together with the low-frequency cutoff $\omega_{\text{min}}$, the strength of $1/f$ noise. The resulting dephasing correlator reads

$$C_δ = \exp \left( \frac{\kappa k_B T N \text{Re} \ln(\omega_{\text{min}})}{2\pi} \right).$$  \hfill (74)$$

The decay rate of the correlator is much larger than the cutoff frequency; this means that the logarithmic time dependence $\ln(\omega_{\text{min}})$ has no impact on the decay of $C_δ$. We define a new constant $\epsilon_C = \frac{N \text{Re} \ln(\omega_{\text{min}})/\Gamma_{\phi}}{2\pi}$ to describe the noise strength. Here we replaced the time $t$ in the ln function with the time scale given by $1/\Gamma_{\phi}$. From this we get the dephasing spectral...
function

\[ S_\delta(\delta \omega) = \frac{1}{2\sqrt{\pi}} \frac{\pi}{e^{\cos^2(\xi/2)}} \exp \left[ \frac{(\Gamma_{\text{qp}} - i\delta \omega)^2}{4e^{\cos^2(\xi/2)k_BT}} \right] \]

\times \text{erfc} \left[ \frac{\Gamma_{\text{qp}} - i\delta \omega}{2\sqrt{\pi}} \frac{\cos^2(\xi/2)k_BT}{} \right] + c.c., \quad (75)\]

which is the classical limit of Eq. (66).

For classical low-frequency noise relaxation will be rather small and decay quickly, as \( \Delta E \) increases (see Sec. IV A). Additionally our dephasing spectral function is symmetric, \( S_\delta(\delta \omega) = S_\delta(-\delta \omega) \). In this case we can derive an approximate analytical solution for the density matrix in the stationary limit.

We want to derive an effective equation for the probability distribution of the number of photons in the oscillator \( \rho_n = \sum_\omega \rho_{\omega,n} \). We do this by tracing out the degrees of freedom of the SSET in the equation of motion given by Eq. (55). Using the relation \( \rho_n = \rho_{\omega,n} + \rho_{\omega,n+1} + \rho_{\omega,n-1} \) and the assumption that the time scales of the SSET are faster than the time scales of the oscillator we can form a closed set of equations,

\[
\frac{d}{dt} \left( \begin{array}{c} \rho_{\omega,n+1} \\ \rho_{\omega,n} \end{array} \right) = \left( \begin{array}{cc} \alpha_{1,n} & \beta_{1,n} \\ \beta_{2,n} & \alpha_{2,n} \end{array} \right) \left( \begin{array}{c} \rho_{\omega,n-1} \\ \rho_{\omega,n} \end{array} \right)
\]

\[
+ \left( \begin{array}{c} \partial_{\omega,n-1} \\ \partial_{\omega,n} \end{array} \right),
\]

\[
\begin{align*}
\alpha_{1,n} &= -\frac{\Gamma_{\text{qp}}(\cos^2(\xi/2) + 7)}{4(\cos^2(\xi) + 3)} - S_\delta(\delta \omega)n, \\
\alpha_{2,n} &= \frac{\Gamma_{\text{qp}}(\cos^2(\xi/2) - 3)}{4(\cos^2(\xi) - 3)} - S_\delta(\delta \omega)n, \\
\beta_{1} &= \frac{2\Gamma_{\text{qp}}\sin^4(\xi/2)}{\cos^2(\xi)}, \\
\beta_{2} &= \frac{2\Gamma_{\text{qp}}\sin^4(\xi/2)}{-\cos^2(\xi)}.
\end{align*}
\]  \quad (76)

This set of equations can be solved in the stationary limit and we get an equation for the effect of the artificial atom on the oscillator

\[
\rho_n = \Gamma_{\omega,n}^{+}\rho_{\omega,n+1} + \Gamma_{\omega,n}^{-}\rho_{\omega,n+1} + \kappa(n+1)\rho_n + [\Gamma_{\omega,n}^{-} + \kappa(n+1)]\rho_{\omega,n-1}, \quad (77)
\]

where \( \Gamma_{\omega,n}^{+} = \Gamma_{\Delta \omega,n}\cos^4(\xi/2) \) is the rate increasing the number of photons, \( \Gamma_{\omega,n}^{-} = \Gamma_{\Delta \omega,n}\sin^4(\xi/2) \) is the rate decreasing the number of photons, and

\[
\Gamma_{\Delta \omega,n} = 8\Gamma_{\text{qp}}S_\delta(\delta \omega)n/[\Gamma_{\text{qp}}(\cos^2(\xi) + 7) + 24S_\delta(\delta \omega)n]. \quad (78)
\]

For \( \cos(\xi/2) > \sin(\xi/2) \) we have a net increase of the number of photons and the rate \( \Gamma_{\Delta \omega,n} \) is directly proportional to \( S_\delta(\delta \omega) \). One should note here that Eq. (77) is formally equivalent to the equation of motion as it can be derived for the same system in the case of coherent coupling using standard methods [41]. In fact if we choose the limit of small charge noise, \( \epsilon_C \rightarrow 0 \), Eq. (77) is actually exactly equivalent to the standard lasing result of Ref. [41].

Equation (77) can be solved and we get for the density matrix

\[\rho_n = \rho_0 \Gamma_n^{+} A / B + i, \quad A = \frac{\Gamma_{\text{qp}}\cos^4(\xi/2)}{3k}, \]

\[B = \frac{\Gamma_{\text{qp}}\sin^4(\xi/2)}{3k} + \frac{\Gamma_{\text{qp}}(\cos^2\xi + 7)}{24S_\delta(\delta \omega)}. \quad (79)\]

where \( \rho_0 \) is a normalization constant.

If \( \cos(\xi/2) > \sin(\xi/2) \) and \( S_\delta \) is not to small this function has a sharp peak. In this case the average number of photons is given in good approximation by the position of this peak,

\[\langle n \rangle \approx A - B = \frac{\Gamma_{\text{qp}}(\cos^2\xi + 7)}{24S_\delta(\delta \omega)}. \quad (80)\]

We see here that the number of photons increases with the size of \( S_\delta(\delta \omega) \), since the second term in Eq. (80) decreases. There are two key observations we can make from this analytical equation for \( \langle n \rangle \).

First one should note that in the limit of strong \( 1/f \) noise, \( \cos \xi \sqrt{\epsilon_C k_BT} > \Gamma_{\text{qp}} \), the resonance peak will be shifted to smaller frequencies. This is the case because of the decay of the transverse coupling between SSET and oscillator with the increase of \( \Delta E \). To find the approximate position of the actual peak we solve \( \partial_{\Delta \omega} S_\delta(\delta \omega) = 0 \) for strong \( 1/f \) noise and get the peak position,

\[\Delta E_{\text{max}} \approx \frac{1}{2}(\omega_0 + \sqrt{\omega_0^2 - 16\epsilon_C k_BT}). \quad (81)\]

This shift can also be observed for coupling to a high-impedance environment (Fig. 5).

Now let us consider the number of photons for the qubit close to the symmetry point, \( \xi = \pi/2 \), where we assume that it is in resonance with the oscillator, \( \Delta E = \omega \). In this case we can expand the number of photons around the symmetry point and get

\[\langle n \rangle \approx \frac{\Gamma_{\text{qp}}}{3k}(\xi - \pi/2) - \frac{\Gamma_{\text{qp}}}{4g^2}\left( \frac{\gamma}{2} + \frac{kb \epsilon_C}{\Gamma_{\text{qp}}}(\xi - \pi/2)^2 \right). \quad (82)\]

We can see here that the second, negative term in this equation decreases quadratically, as we move closer to symmetry. The positive first term decreases only linearly. To create coherent coupling between oscillator and SSET it is very important to maximize the number of photons. From Eq. (82) we can immediately see that the number of photons has a maximum for

\[\xi = \pi/2 = \frac{g^2\Gamma_{\text{qp}}}{k_BT \epsilon_C}. \quad (83)\]

We see here that especially for large charge noise \( \epsilon_C \) it can be of advantage to stay closer to the symmetry point. The loss in population inversion is compensated by the suppression of charge noise.

VI. Conclusion

In this paper we discuss the single artificial atom maser which can be realized using a SSET coupled to an oscillator.
or a double dot coupled to a transmission-line resonator. For such a system it is necessary to bias the system away from the symmetry point, to create population inversion, which makes it susceptible to charge noise. In this case it is a reasonable approach to describe the system using a polaron transformation. We have shown the transformation of the qubit Hamiltonian and the resulting noise operators. The relevant noise correlators have been shown in explicit form and we discuss them for two relevant examples, low-frequency noise and coupling to a single mode. Then we perform the transition to the classical case, which describes 1/f noise.

We find that low-frequency noise creates a Gaussian resonance peak, which is shifted to smaller qubit energy splitting. Coupling to an additional mode can create additional resonances in the fundamental mode and in the current. One should note here that coupling to an additional mode can even create peaks in the current if there is no excitation in the oscillator.

For our discussion of 1/f noise we can show that our master equation is formally equivalent to the standard description of a laser [41]. We can find an analytical solution for the density matrix and the average number of photons. We can then show that it can be of advantage to be closer to the symmetry point, especially if charge noise is strong. This has direct implications for experiments on mechanical oscillators coupled to an SSET.

To create coherent lasing, one should tune the system rather close to the symmetry point, since the reduction in population inversion affects the photon number only linearly, but the reduction in charge noise is quadratic.

The model presented in this paper can also describe many other systems that are currently studied. An example is suspended carbon nanotubes. Electrons can hop onto a free state of the nanotube, and it has already been shown that coupling to the mechanical vibration of the nanotube can be used to create cooling [56–59]. Similarly, lasing could be achieved. Since charge is a relevant degree of freedom for these systems, strong coupling to noise should be expected.

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APPENDIX

To find an explicit form for the relaxation correlator (45) we use the generating function,

$$F(t) = \langle T e^{\int dt' [\mu(t') \rho(t') + \cos \xi + \mu(t') \sin \xi]} \rangle,$$  
(A1)

where $T$ is the time-sorting operator. Using the function we can show that the relaxation correlator is given by

$$C_{\text{ch}}(t) = -\frac{d^2 F}{d\mu(0)d\mu(t)} |_{\mu(t') = 0}. \quad (A2)$$

The explicit form of the generating function reads

$$F = \exp \left[ - \int dt_1 \int dt_2 \tilde{F}(t_1, t_2) \Theta(t_1 - t_2) \right],$$

$$\tilde{F} = [\sin^2 \xi \mu(t_1) \mu(t_2) (\tilde{x}(t_1) \tilde{\beta}(t_2)) + \cos \xi \sin \xi \mu(t_1) \lambda(t_2) (\tilde{x}(t_1) \tilde{\beta}(t_2)) + \cos \xi \sin \xi \lambda(t_1) \mu(t_2) (\tilde{\beta}(t_1) \tilde{x}(t_2)) + \cos^2 \xi \lambda(t_1) \lambda(t_2) (\tilde{\beta}(t_1) \tilde{\beta}(t_2))]. \quad (A3)$$

We can apply Eq. (A2) to this form of the generating function and get

$$C_{\text{ch}}(t) = \sin^2 \xi [(\chi(t) \chi(0)) - \cos^2 \xi (\rho(t) \rho(0))],$$

$$\equiv\langle e^{i\rho(t)} e^{-i\rho(0)} \rangle. \quad (A4)$$
